

# Mentor Motivation Inventory

***For each item below, put a check in the "Yes" column if the reason listed reflects why mentoring appeals to you. If it does not, put a check in the "No" column. Following each item, list concrete examples to illustrate your answer.***

<b>Reasons that Mentoring Appeals to Me:</b>	<b>Yes</b>	<b>No</b>	<b>Examples</b>
I like the feeling of having others seek me out for advice or guidance.			
I find that helping others learn is personally rewarding.			
I have specific knowledge that I want to pass on to others.			
I enjoy collaborative learning.			
I find that working with others who are different from me to be energizing.			
I look for opportunities to further my own growth.			

***Complete these questions as truthfully as you can.***

I want to be a mentor because:

My experience and expertise will contribute to this relationship by:

**Adapted from: Zachary, L., The Mentor's Guide. 2000**

Review your responses. Are you feeling comfortable with your Yes responses? Are your No responses areas for growth that you're ready to undertake? If you're feeling comfortable and ready to grow, you may find benefit and enjoyment in being a Mentor.